



ALCHEMY BY THE SEA

INSTITUTE FOR RADIANT HEALTH

EMOTIONAL INTELLIGENCE BOOKLIST

Emotional Intelligence: Why It Can Matter More Than IQ - Daniel Goleman

The Emotional Intelligence Quick Book - Travis Bradberry & Jean Greave

Working with Emotional Intelligence - Daniel Goleman

The Emotionally Intelligent Leader - Daniel Goleman

Social Intelligence: The New Science of Human Relationships - Daniel Goleman

For Parents:

Raising an Emotionally Intelligent Child - John Gottman

The Emotionally Intelligent Child - Rachael Katz & Helen Hadanis

The Whole-Brain Child - Daniel J. Siegel & Tina Payne Bryson

For Professionals:

Emotional Intelligence 2.0 - Travis Bradberry & Jean Greaves

Primal Leadership: Unleashing the Power of Emotional Intelligence - Daniel Goleman, Richard Boyatzis & Annie McKee



ALCHEMY BY THE SEA

INSTITUTE FOR RADIANT HEALTH

For Teachers:

Teaching with Emotional Intelligence - Alan Mortiboys

The Social Neuroscience of Education: Optimizing Attachment and Learning in the Classroom - Louis Cozolino

For Children:

The Unwritten Rules of Friendship: Simple Strategies to Help Your Child Make Friends - Eileen Kennedy-Moore & Natalie Madorsky Elman

Weirdo - Tony Weaver Jr.

Quiet Power: The Secret Strengths of Introverts - Susan Cain, Gregory Mone & Erica Moroz